

*PAIN'T YOURSELF IN THE STARS,
ALL CHILDREN ARE AT HOME THERE*



ADRIANE WACHHOLZ

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*PAINT YOURSELF IN THE STARS,
ALL CHILDREN ARE AT HOME THERE*

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DEDICATION

For Saléh, my angel daughter.
For your brother Valentin and your father
Florian, the man of my heart.

CONTENT

Accompanying word

Handling

Hand drawings and spirals of meaning

Area for your further artistic path

About the artist

Imprint

*THE WORLD KEEPS YOU IN
FETTERS; CAST THEM ASIDE*

Hilma af Klint

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COPY

EXAMPLE COPY

heavenly star

little star

angel child

winged child

light child

child of heaven

heavenly treasure

little angel

star child

soul child

little angel

child of god

eternal child

holy child

butterfly child

sky flower

gummy bear

HANDLING

In German, the term "Sternenkind" (star child) is used for children who die before, during or shortly after birth. It poetically conveys comfort and hope by reflecting the idea of a beloved being who now shines among the stars.

However, there is no direct English equivalent. While terms such as "stillborn baby" or "angel baby" are used, they often lack the gentle, comforting symbolism of "star child". "Angel baby" comes closest to the meaning, but is not always used in the same context. This linguistic gap presents a challenge, as with this translation I was looking for an appropriate, equally emotive term that has a similar emotional depth in English. I now use the term "angel child" in this book. Feel inside yourself to see which term suits your situation and simply change it if necessary.

You are probably wondering about the strange numbering of the book. This is so that you don't work through the book linearly from the first to the last drawing, but bibliomantically. To do this, flip through the book with your thumb and turn to a random page. Set yourself the intention beforehand to open exactly those double pages that your emotional structure would like to look at.

The numbers support you on other levels in your painting process and come from a wide variety of cultures and sciences.

As already described in the accompanying text, you are free to use the space next to the drawings. You can use all colors and materials or extend the lines with a black fiber pen. It is your particular path and the right materials will come to you.

At the back of the book you will find ten more blank pages for your personal creative process.

***COLOR, FORM UND SURFACE
ARE ASPECTS OF INFINITY.***

Adriane Wachholz

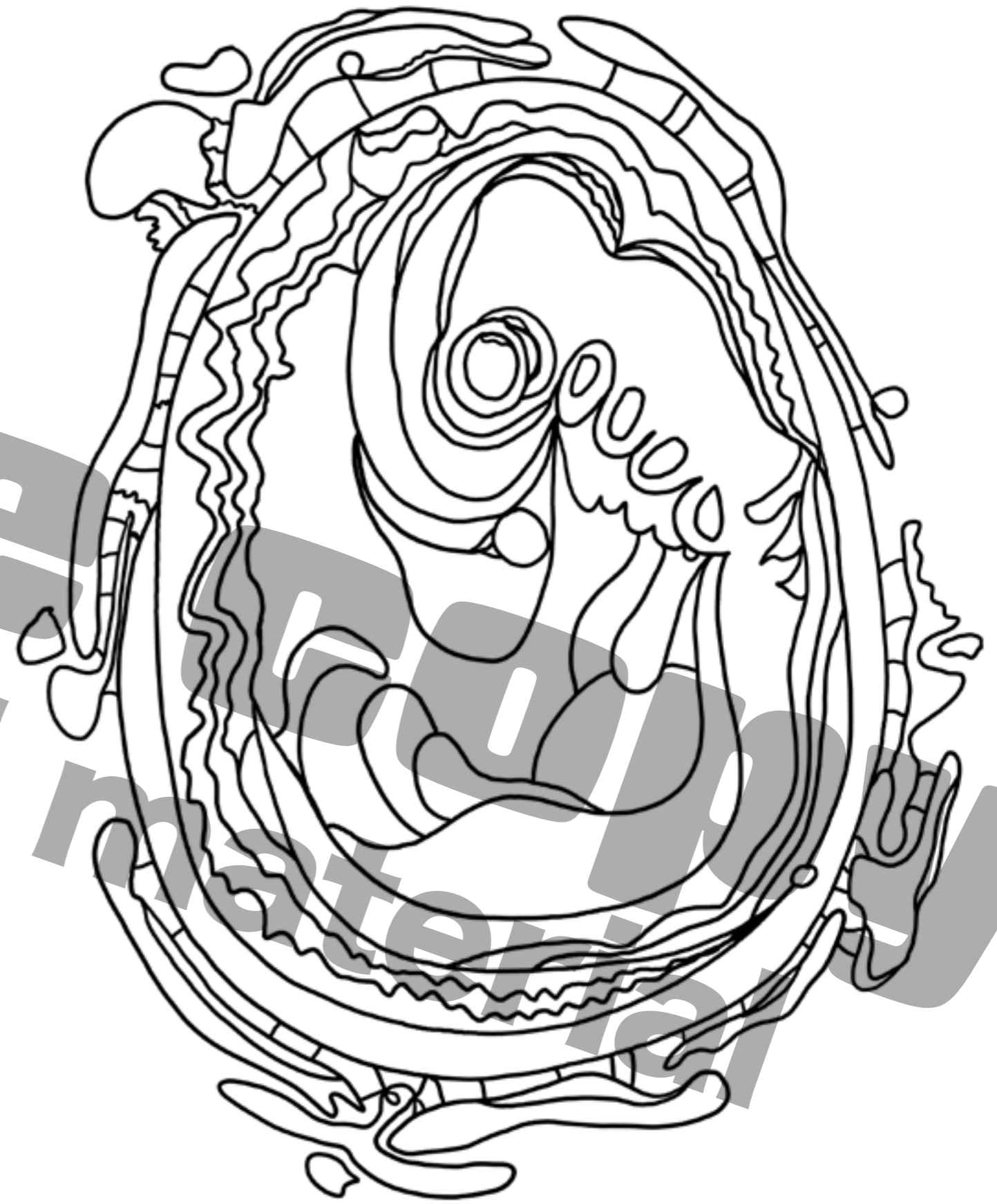
Could I sense the presence of
my child in the signs of nature?



How can I show my angel child
that I love them unconditionally?



Is it conceivable that I experience
inner healing through my ancestors
when I am grieving for my angel child?



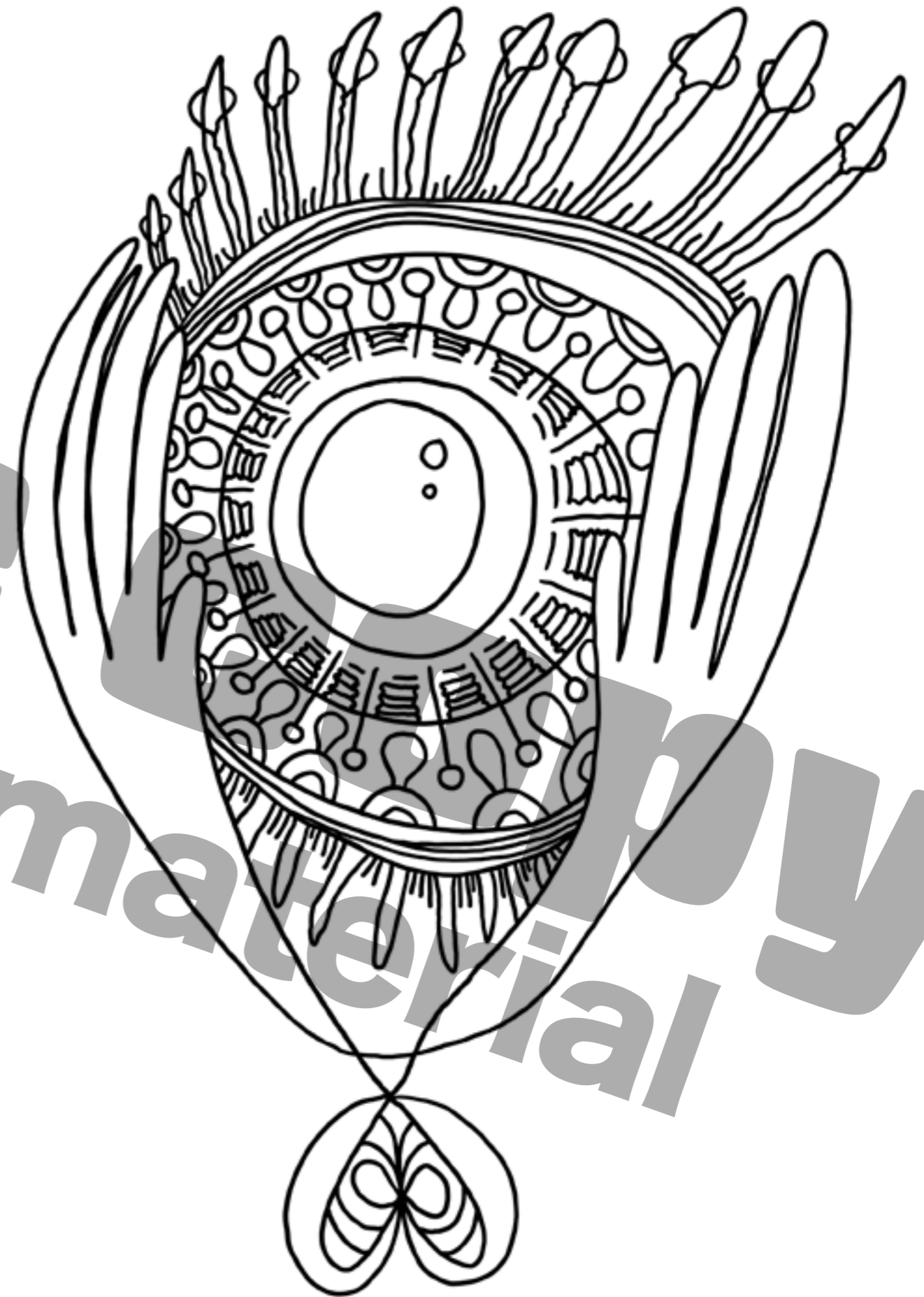
Could I feel the ancestral love in
my heart through my angel child?



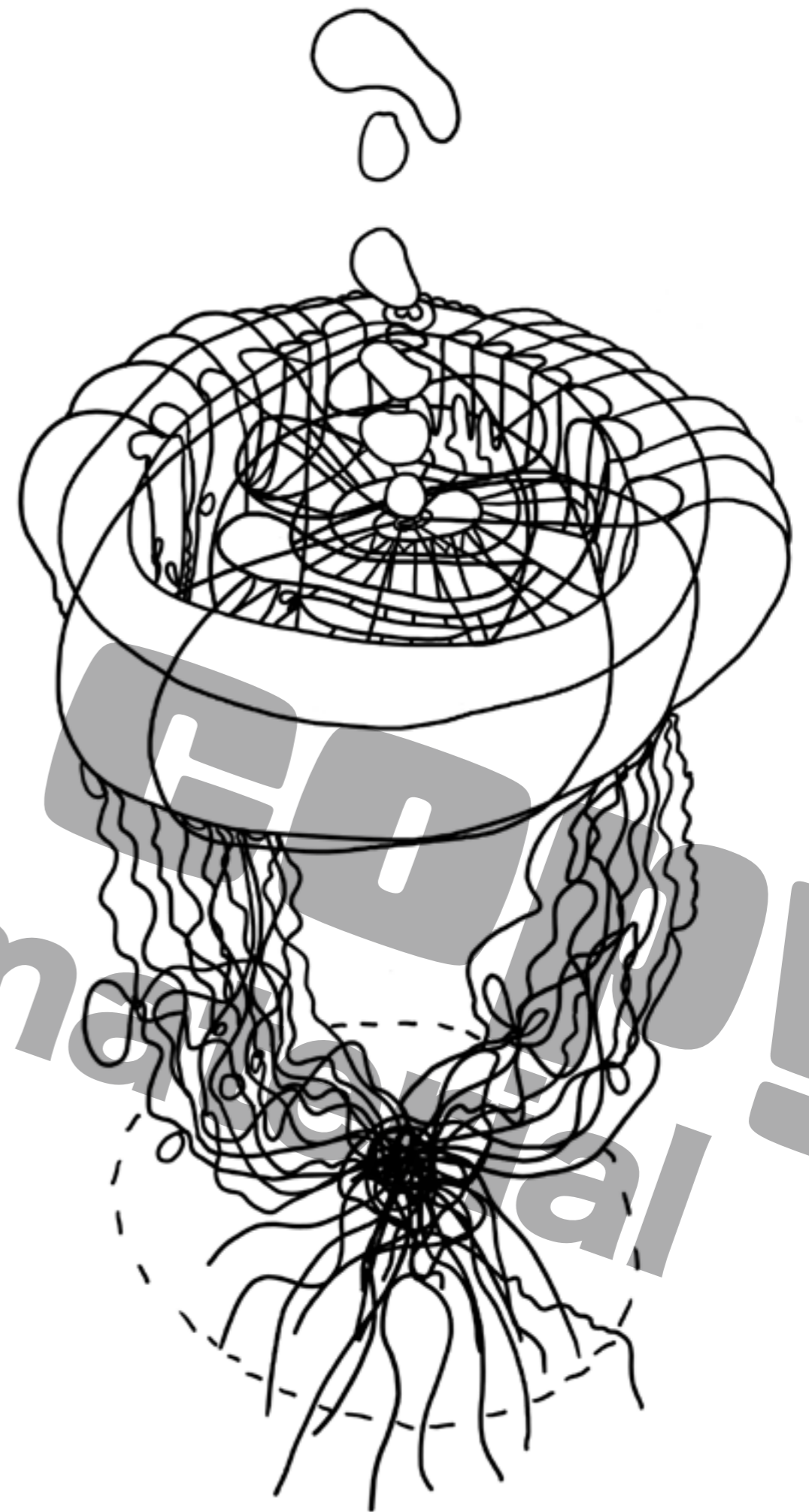
Could my angel child teach me to appreciate life more consciously?



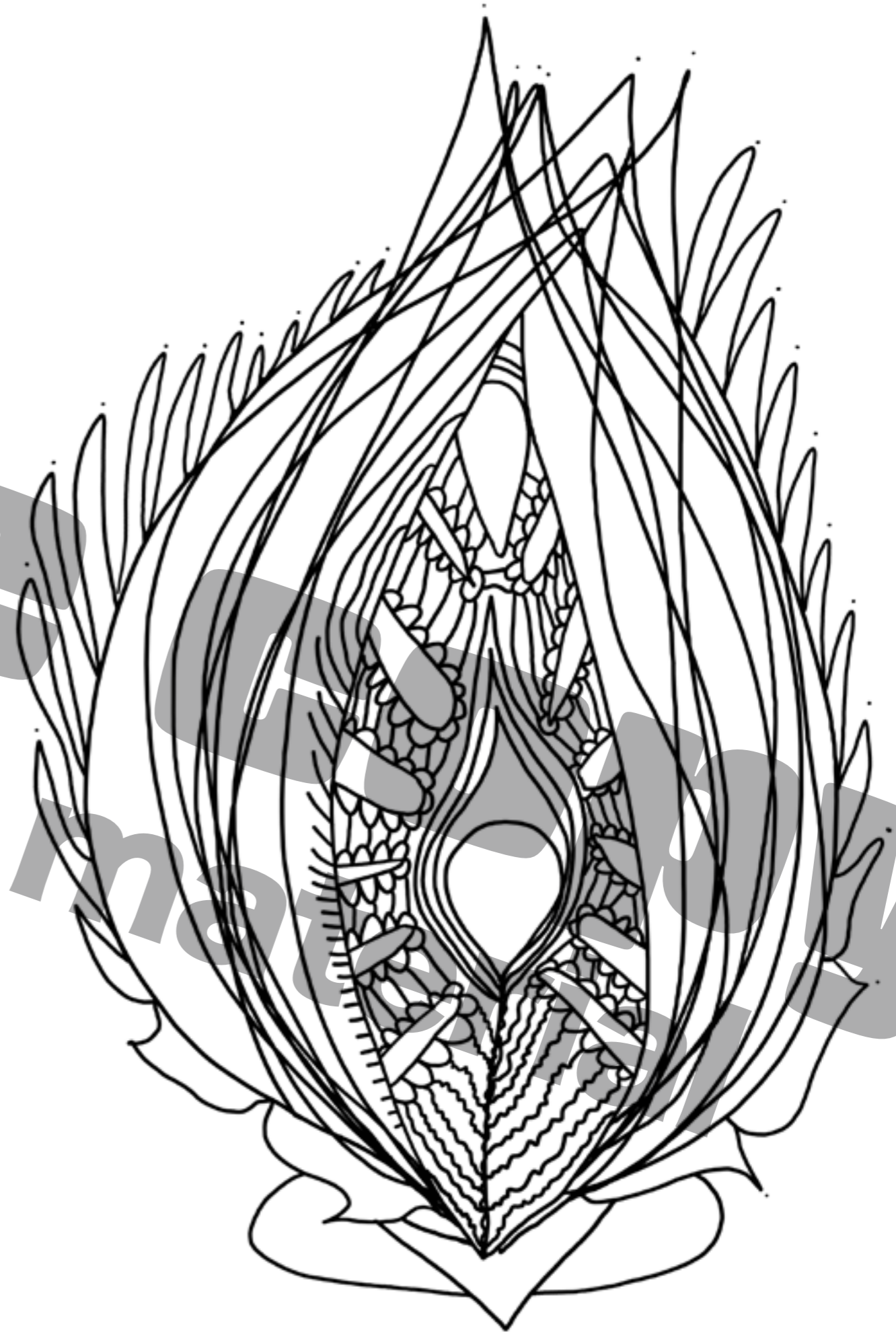
Could the timelessness of
our souls be a reality?



How can I anchor the energy of the earth and infinity in my body at the same time?



Are there cosmic lessons I should
learn from my angel child?





How can this infinite pictorial space support my creativity and emotional world?

Example copyrighted material





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IMPRINT

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This coloring book is conceived as a participatory and interactive work of art. It can dissolve the boundary between creating and experiencing art. This means that anyone who looks at the art and immerses themselves in the action transcends to become a part of it. My freedom is your freedom, we are both equally valid.

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This special coloring book for mothers and fathers of angel children gives you space to express your grief, your love and your memories in a free and creative process. 38 original hand drawings by artist Adriane Wachholz and inspiring, questioning spirals of meaning gently accompany you on your personal path of processing. They open doors to a deeper connection with your angel child and create space for healing encounters.

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